

Alana Soltis

Student On Track To Graduate Spring 2022

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Passionate about working with all individuals to support development and help each reach their full potential. Friendly and personable individual willing to take on any challenge.



Work History

Feb 2022 - Intern

Current

Higher Ground Youth And Family Services , Anaheim, CA

- Mentor for at-risk youth
- After school program working with kids from 2nd grade to teenagers
- Mission is to engage the entire person to facilitate exploration and discovery of life's possibilities through mentorship as well as expand purpose, possibilities, and hope for youth and families at risk.
- Daily duties include tutoring and helping kids with their homework in addition to 2-3 various activities including STEM, art, dance, music, and much more.
- Provided guidance and recommended coping mechanisms for youth dealing with difficult issues.
- Facilitate games, sports, crafts, and other activities with children
- Engage with children to talk about their day, week, and how everything is going in their life
- Encouraged children to talk issues out with each other and without anger, which eased tense situations.

Mar 2022 - JV Softball Coach

Current

Norwalk High School, Norwalk, CA

- Promote teamwork and sportsmanship
- Coordinated multiple team bondings to build team chemistry among players
- Increased player strength, agility and game skills through successful practices.
- Developed game plans and adjusted to meet various game situations.
- Established clear benchmarks for performance and monitored individual and team progress.

Mar 2021 - Barista

Current

Boba Guys, Long Beach, CA

- Elevated guest loyalty by using strong communication abilities to resolve customer problems.
- Recommended products based on solid understanding of individual guest needs and preferences.
- Maintained regular and consistent attendance and punctuality.
- Controlled line and crowd with quick, efficient service.
- Memorized recipes for specialty beverages and seasonal offerings.
- Cleaned counters, machines, utensils and seating areas daily.

**Sep 2012 -
May 2016**

Volunteer

Church, Norwalk, CA

- Organized events and projects as part of community support services.
- Aid in organizing toy drive for disadvantaged populations during holiday season.
- Worked at festivals involving food handling, clothing, and game booths
- Maintained cleanliness and organization around church by picking up trash, mopping floors, vacuuming, and stocking supplies.



Education

**Sep 2017 -
Current**

Bachelor of Science: Health Science Community Health, Sociology Minor

California State University - Long Beach - Long Beach, CA

- President's Honor List Fall 2019 Semester
- Dean's List Spring 2020



Certifications

- Mar 2022** BLS/CPR/First Aid/AED Certified
- Mar 2020** FEMA / Emergency Management Institute Active Shooter: What You Can Do
- Mar 2020** FEMA / Emergency Management Institute DHS Human Trafficking Awareness
- Sep 2019** Certified Question, Persuade, and Refer (QPR) Gatekeeper for Suicide Prevention